



Working together to create a metal health friendly Brent: As part of a series of conversations with senior mental health managers at Brent Council and [CNWL](#), [BT members](#) this week met with Kingsley Akuffo, Interim Borough Director, Brent Mental Health Services. Members spoke with Kingsley about their aspirations and ambitions for an effective and impactful mental health service provision in Brent. See BT's suggested manifesto below with an invitation to service providers and commissioners to join with them to make this happen.

1. BT Members want to be part of the solution.
2. Develop ND – Neuro Diversity – strategy and services in the borough.
3. Advocates for people living with mental health challenges.
4. Provide all front-line workers with customer service training including trauma-based assessment training.
5. Develop a [co-design standard](#) in partnership with BT
6. CNWL Lived Experience Practitioners to work alongside front-line teams and to be involved in various decision making groups such as ICP's Access and Demand task groups
7. Review and reshape the current Talking Therapies referral form and process.
8. Invest in social, creative, physical and emotion health activities delivered by voluntary sector agencies and in partnership with statutory agencies to support individuals to manage and live well.
9. Clearly articulated mental health services information with clear guidelines on who the service will benefit, and how to effectively access.
10. Provide funding to Brent Thrive (currently has no funding) to develop as an effective service user voice
11. Relational as opposed to a transactional relationship between provider and service user.
12. Offer a suite of provision apart from clinical responses e.g., social, creative and emotional health programmes.