

Job Title: Project Worker – Health & Wellbeing Project**Salary:** £27,000 per year**Hours:** 35 hours per week (part-time/job share considered)**Location:** Ashford Place, 60 Ashford Road, London NW2 6TU (with travel around Brent)

About the Role:

Are you a people person who loves helping others live healthier, happier lives? We're looking for a friendly and hardworking Project Worker to join our Health and Wellbeing team at Ashford Place.

You'll work closely with doctors, social prescribers, hospitals, and community groups to support Brent residents — especially those who may feel isolated or need extra help staying healthy and independent.

You'll be out in the community connecting with people, giving advice, linking them to the right services, and helping them make positive changes in their lives. If you enjoy meeting new people, making a difference, and working as part of a supportive team, this could be the role for you.

Key Responsibilities:

- Meet and connect with local residents, building trusting relationships.
- Help people access GPs, support services, activities, and advice for a healthier life.
- Support people after a hospital stay to avoid readmission.
- Run activities and events to combat loneliness and promote wellbeing.
- Work closely with hospitals, GPs, and other community groups.
- Offer practical advice about healthy living, including mental health support, stopping smoking, healthy eating, and exercise.
- Be part of a supportive, multidisciplinary team — you won't be working alone!
- Help gather feedback to make services better and more accessible for everyone.

What We're Looking For:

- A friendly, caring person with a strong work ethic.
- Great social skills — you enjoy talking to people from all walks of life.
- Experience working with vulnerable or underserved communities (paid or volunteer).
- Good at working both independently and as part of a team.
- Able to communicate clearly — both talking and writing.
- Basic computer skills (MS Office, data entry).
- Positive attitude and ability to stay calm and make good decisions under pressure.
- A passion for helping people live well.

Bonus:

- Any background in health, social care, community work, or education is a plus, but not required.
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The Offer:

- 25 days annual leave plus public holidays (pro-rata if part-time).
 - 3-month probation period.
 - Supportive team environment with opportunities to learn and grow.
 - Initial 1-year contract (with plans to extend, funding permitting).
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If you're passionate about people and want to make a real difference in your community, we would love to hear from you!

To apply, or for an informal chat about the role, get in touch with us at Ashford Place on info@ashfordplace.org.uk