



## VOLUNTEER NEWS

### First Issue: February 2018

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## Great work from our Mentors

A lovely story to share with you this month. One of our Mentors went for a visit and the mentee was too anxious to meet her. The mentor stayed calm and used her initiative, she wrote him a note and reassured his family that he can message her and that she would return at a new time. The Mentor then messaged to reassure him that she had not taken it personally and looked forward to meeting/conversing at a later date. Wow! Another example of the great work you all do.

### Introduce a friend

The work you do by volunteering with us here at Ashford Place is so very valuable and has far-reaching effects for our service users. If you know someone who could spare an hour or two a week to volunteer with us—we would love to hear from them!

Thank you for all your kind messages on my return to work, It's great to be back! I wanted to share with you these thoughtful words below

#### Danny says:

*‘from all at Ashford Place we just want to say a big thanks you to you for volunteering your valuable time and skills in supporting our clients to feel confident and well. Looking forward to working with you all and do call in for a cuppa and a chat when you want*

#### Breaking News....

##### Mentor Briefing Meeting

(Using the Recovery Star Tool)

**16th February 12.00—1.30 (with lunch)**

This meeting is for **everyone** who is Befriending or Mentoring, whether you have not been matched yet or have been with the project for a while. Please RSVP: [tania.towns@ashfordplace.org.uk](mailto:tania.towns@ashfordplace.org.uk) so we can book a table for lunch.

### A Big Thank You

A big thank you goes to Reena for looking after the Mentoring Project and for introducing order and great new ideas. You are awesome.

