

Who We Are:

We are a community group of volunteers working with residents, businesses, faith communities, sports organisations, statutory services and people living with dementia to create a dementia friendly borough.

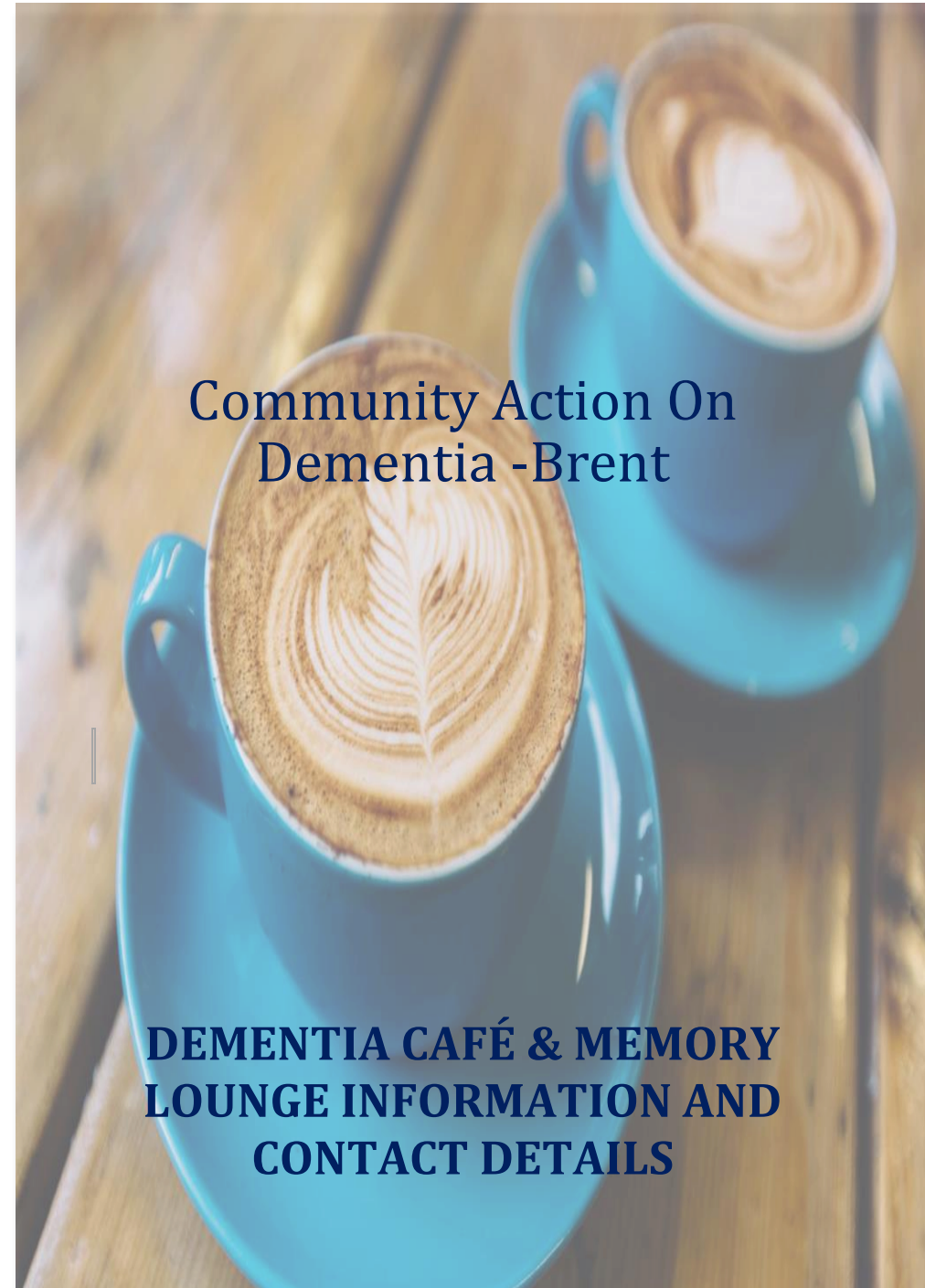
CAD-Brent's mission is to support Brent's residents, voluntary sector and businesses to create a dementia friendly borough which enables an improved wellbeing for people living with dementia. Our aims and objectives have been developed through conversations with those living with dementia, their families and carers representing the diverse communities of Brent.

What is a dementia Café?

Dementia Cafés offer a safe and welcoming environment for people living with dementia and their carer/families. Several cafés operate in Brent and offer wellbeing services such as arts and crafts, chair yoga, quizzes as well as a lovely cup of tea!

For any question or information about your nearest De-café please contact Debbie on
T:07848 743 000

Community Action on Dementia – Brent
Ashford Place, 60 Ashford Road, London, NW2 6TU
Phone: 07848 743000
Email: Debbie.cadbrent@ashfordplace.org.uk
Web: www.CAD-brent.org.uk



Community Action On Dementia -Brent

DEMENTIA CAFÉ & MEMORY LOUNGE INFORMATION AND CONTACT DETAILS



Monday

City Mission Dementia Café – Due to re-open 17th Oct at a new venue

Every Monday 11am – 3pm
St Marks Church
Bathurst Gardens, London NW10 5HX
Contact: Lorna/Dianne
Tel: 07415 703 115
Email: dementiaproject.cmh@outlook.com

Memory Lounge Barham Community Library

Every Monday 11.30am-2.00pm
(Lunch available)
Unit 4, 660 Harrow Road,
Wembley
HA0 2HB
Contact: Mrs Kawal Singh
Tel: 07732 309 991
Email: Mrskawalsingh@gmail.com

Tuesday

Dementia Cafe Cricklewood

Every Tuesday 2.00pm-4.00pm
(Lunch available at 1pm £5- Must be booked the day before)
Ashford Place,
60 Ashford Road, Cricklewood, NW2 6TU
Contact:
Michele Scanlan/Danny Maher
Tel: 020 8208 8590 or
07595 631 167 or email:
ap.dementiacafe@ashfordplace.org.uk

St Augustine's Memory Clinic

Every Tuesday 10.30am-12.00pm
152 Wembley Hill Road,
Wembley,
HA9 8EW
Contact:
020 8908 1383
Email: staugustines.office@googlemail.com

Tabernacle Church Dementia Café

Every Tuesday 12 - 3pm
Tabernacle Church
33 Leghorn Road
Harlesden
NW10 4PN
Contact: Sybil 07725730094
Or Annette 07940430878

Wednesday

Silver Jubilee Park 50+ Café

Every Wednesday 10.00am-12.00pm
Hendon Football Club
Silver Jubilee Park
Townsend Lane, NW9 7NE
Contact: John Creith
creithjohn@gmail.com OR
Robert.silverjublieepark@gmail.com

NEW - Lonsdale MC Memory Café – launches JAN 2023

Every Wednesday 11 am – 1pm
Lonsdale Medical Centre
24 Lonsdale Road
NW6 6RR
Please drop in.
Refreshments and a warm welcome provided.

Thursday

Watling Gardens Creative De-Café

Every Thursday 11.00am-1.00pm
Community Road
97-135 Watling Gdns, Cricklewood
London, NW2 3UB
Contact: Donna Sheehan
Tel: 020 8208 9005
Donna.sheehan@ashfordplace.org.uk

St Cuthbert's Memory Café

Every Thursday 11.00am-1.00pm
St Cuthbert's Church,
214 Carlton Ave West,
North Wembley, HA0 3QY
Contact: Trever Goddard/Tina Last
– please drop in – all welcome.
Tel: 020 8904 8599

Candlewood House Love and Friendship Club

Every 3rd Thursday in the month
Bentley Drive
London NW2 2TD
Call for a space: 020 3131 3003

Friday

St Andrews Memory Café

Every Friday 11.00am-1.00pm
St Andrews Church,
965 Harrow Road,
Sudbury, HA0 2QA
Contact: Rev. Greville Thomas
Tel: 020 8904 4016
Email: greville.sudbury@gmail.com

The Church of the Ascension Dementia Café and Gujarati conversation group

Every Friday 2pm – 4pm
The Church of the Ascension
The Avenue,
Wembley Park, HA9 9QL
Please drop in.
Contact: Rev. Jacqueline Shalloe
Tel: 020 8904 4062
Email: Jacqueline.vicarascension@gmail.com

St Johns 50+ Café

Every Friday 10.30am-12.30pm
St Johns Church
3 Crawford Ave
Wembley HA0 2HX
Please drop in.
Contact Catherine at:
catherineamiller@hotmail.co.uk

Other groups:

Dementia Peer Support Group & Dementia Carers Support Group

Every Tuesday 11-12.30. (Followed by lunch). The aim of the group is to share experiences, offer support and come together with the view of living in a dementia friendly community with limited obstacles. Places are limited due to space, Lunch available at 1.00pm £5- Must be booked the day before. For further information contact Sally or Danny 07949 313150

To find out more about your local café or activities please contact Debbie 07848 743000